

Sunrise Times	ATHAAN TIMES									IQAAMAH TIMES				
	Day	Safar	Sep.	Fajr	Dhuhr	'Asr	Maghrib	'Ishaa	Fajr	Dhuhr	'Asr	Maghrib	'Ishaa	
06:22	Fri	16	1	04:50	01:19	04:57	08:03	09:14	5:15		5:15	08:03		
06:23	Sat.	17	2	04:51	01:18	04:55	08:01	09:12	5:15		5:15	08:01		
06:25	Sun.	18	3	04:53	01:18	04:54	07:59	09:10	5:15		5:15	07:59		
06:27	Mon.	19	4	04:55	01:18	04:52	07:56	09:08	5:15		5:15	07:56		
06:28	Tue.	20	5	04:56	01:17	04:51	07:54	09:06	5:15		5:15	07:54		
06:30	Wed.	21	6	04:58	01:17	04:49	07:52	09:04	5:15		5:15	07:52		
06:31	Thu.	22	7	04:59	01:17	04:48	07:50	09:03	5:15		5:15	07:50		
06:33	Fri	23	8	05:01	01:16	04:47	07:47	09:00	5:30		5:00	07:47		
06:35	Sat.	24	9	05:03	01:16	04:45	07:45	08:58	5:30		5:00	07:45		
06:36	Sun.	25	10	05:04	01:16	04:44	07:43	08:56	5:30		5:00	07:43		
06:38	Mon.	26	11	05:06	01:15	04:42	07:40	08:54	5:30		5:00	07:40		
06:39	Tue.	27	12	05:07	01:15	04:40	07:38	08:52	5:30		5:00	07:38		
06:41	Wed.	28	13	05:09	01:14	04:39	07:36	08:50	5:30		5:00	07:36		
06:43	Thu.	29	14	05:11	01:14	04:37	07:34	08:48	5:30		5:00	07:34		
06:44	Fri	30	15	05:12	01:14	04:36	07:31	08:46	5:45		4:45	07:31		
06:46	Sat.	1Rabee-ul Awwal	16	05:15	01:13	04:34	07:29	08:44	5:45		4:45	07:29		
06:47	Sun.	2	17	05:16	01:13	04:33	07:27	08:42	5:45		4:45	07:27		
06:49	Mon.	3	18	05:18	01:13	04:31	07:24	08:39	5:45		4:45	07:24		
06:51	Tue.	4	19	05:21	01:12	04:29	07:22	08:37	5:45		4:45	07:22		
06:52	Wed.	5	20	05:22	01:12	04:28	07:20	08:35	5:45		4:45	07:20		
06:54	Thu.	6	21	05:24	01:12	04:26	07:17	08:33	5:45		4:45	07:17		
06:55	Fri	7	22	05:26	01:11	04:24	07:15	08:31	6:00		4:45	07:15		
06:57	Sat.	8	23	05:28	01:11	04:23	07:13	08:29	6:00		4:45	07:13		
06:59	Sun.	9	24	05:30	01:11	04:21	07:11	08:27	6:00		4:45	07:11		
07:00	Mon.	10	25	05:32	01:10	04:19	07:08	08:25	6:00		4:45	07:08		
07:02	Tue.	11	26	05:34	01:10	04:18	07:06	08:23	6:00		4:45	07:06		
07:03	Wed.	12	27	05:35	01:10	04:16	07:04	08:21	6:00		4:45	07:04		
07:05	Thu.	13	28	05:38	01:09	04:14	07:01	08:18	6:00		4:45	07:01		
07:07	Fri	14	*	05:40	01:09	04:13	06:59	08:16	6:15		4:30	06:59		
07:08	Sat.	15	30	05:41	01:09	04:11	06:57	08:14	6:15		4:30	06:57		

Dhuhr Iqaamah is fixed @ 1:30 pm وقت إقامة صلاة الظهر مثبت على الساعة 1:30

"Ishaa Iqaamah is 5 Mins. after the Athaan تقام صلاة العشاء 5 دقائق بعد الأذان"

**\*The 'White Days' (Sunnah to fast)**  
Friday Prayer: 1:15 PM

Anticipating your kind support, to continue our services  
Sort Code: 40-16-13, A/C Name: Al-Manar Centre, A/C No: 41471961



SCAN ME TO SEE WAYS-TO-DONATE

\*الأيام البيض (صيامها من السنة)  
صلاة الجمعة: 1:15 ظهراً

نتطلع لكم دعمكم، كي يستمر العطاء  
بإمكانيكم التحويل المباشر لحساب مركز المنار، وتفاصيله ←

**AL-Manar Centre**  
Aspiring towards a proactive community  
نسعى نحو جالية فعالة

**BRITISH ISLAMIC MEDICAL ASSOCIATION**

## LIFESAVERS COURSE

LEARN HOW TO SAVE A LIFE

RECOVERY POSITION



BROTHERS:  
AFTER DHUHR  
(1:30 PM)

CPR



SATURDAY  
30<sup>TH</sup> SEP 2023  
AT AL-MANAR CENTRE

CHOKING MANAGEMENT



SISTERS:  
AFTER MAGHRIB  
(5:00 PM)

A FREE COURSE, TAUGHT BY PROFESSIONALS!

#BIMMIALIFESAVERS FOR MORE INFO CONTACT: LIFESAVERS@BRITISHIMA.ORG OR VISIT WWW.BRITISHIMA.ORG

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فصول القرآن الكريم  
للبنين والبنات  
(4 - 16 سنة)

AFTER-SCHOOL QUR'AN CLASSES FOR BOYS & GIRLS (4 - 16 YRS OLD)

- ❖ READING
- ❖ TAJWEED
- ❖ MEMORISATION

- ❖ تسميع
- ❖ تجويد
- ❖ حفظ

4 أيام أسبوعياً: الإثنين والخميس  
4:30 pm - 6:00 pm

4 DAYS A WEEK: MON. - THU.

**AL-Manar Centre**  
Aspiring Towards a Proactive Community  
نسعى نحو جالية فعالة

## Children's Oasis واحة الأطفال

AL-MANAR CENTRE

For learning Qur'an & Arabic

With native Arabic speaking teachers

For 4-10 Yrs old

Every Saturday

تعلم القرآن الكريم واللغة العربية

مع معلمات ناطقات باللغة العربية

4 - 10 سنوات

كل يوم سبت

مزيد من المعلومات والتسجيل عبر رقم واتساب أمانار  
Further details & registration via WhatsApp below:

Get Al-Manar's App. on your mobile! Search the Apps. Stores for 'Al-Manar Centre' or text 'App. Link' to: 0745 400 8803

Al-Manar Centre, 2-4 Glynrhondda St, Cardiff CF24 4AN Mob/WhatsApp: 0745 400 8803 Email: info@almanar.org.uk