

Prayer Times – June 2020 – شوال/ذو القعدة 1441هـ

Day	Shawwaal	June	Fajr	Sunrise	Dhuhr	'Asr 1	'Asr 2	Maghrib	'Ishaa
Mon.	9	1	03:04	04:58	01:16	05:31	06:44	09:24	10:40
Tue.	10	2	03:02	04:57	01:16	05:32	06:45	09:25	10:42
Wed.	11	3	03:02	04:57	01:17	05:32	06:46	09:26	10:43
Thu.	12	4	03:00	04:56	01:17	05:33	06:46	09:27	10:44
Fri.	13	5	02:59	04:55	01:17	05:33	06:47	09:28	10:46
Sat.	14	6	02:58	04:55	01:17	05:34	06:47	09:29	10:47
Sun.	15	7	02:57	04:54	01:17	05:34	06:48	09:30	10:48
Mon.	16	8	02:56	04:54	01:18	05:34	06:48	09:31	10:49
Tue.	17	9	02:55	04:53	01:18	05:35	06:49	09:32	10:51
Wed.	18	10	02:54	04:53	01:18	05:35	06:49	09:32	10:52
Thu.	19	11	02:54	04:53	01:18	05:35	06:50	09:33	10:53
Fri.	20	12	02:52	04:52	01:18	05:36	06:50	09:34	10:54
Sat.	21	13	02:51	04:52	01:19	05:36	06:51	09:34	10:55
Sun.	22	14	02:51	04:52	01:19	05:36	06:51	09:35	10:56
Mon.	23	15	02:51	04:52	01:19	05:37	06:51	09:35	10:57
Tue.	24	16	02:51	04:52	01:19	05:37	06:52	09:36	10:56
Wed.	25	17	02:51	04:52	01:19	05:37	06:52	09:36	10:56
Thu.	26	18	02:51	04:52	01:20	05:38	06:52	09:37	10:56
Fri.	27	19	02:51	04:52	01:20	05:38	06:53	09:37	10:56
Sat.	28	20	02:52	04:52	01:20	05:38	06:53	09:37	10:56
Sun.	29	21	02:52	04:52	01:20	05:38	06:53	09:37	10:55
Mon.	Thul-Qa'dah	22	02:52	04:52	01:21	05:38	06:53	09:38	10:55
Tue.	2	23	02:54	04:53	01:21	05:39	06:53	09:38	10:55
Tue.	3	24	02:54	04:53	01:21	05:39	06:54	09:38	10:54
Wed.	4	25	02:54	04:53	01:21	05:39	06:54	09:38	10:54
Thu.	5	26	02:56	04:54	01:21	05:39	06:54	09:38	10:54
Fri.	4	27	02:56	04:54	01:22	05:39	06:54	09:38	10:53
Sat.	5	28	02:58	04:55	01:22	05:39	06:54	09:38	10:53
Sun.	6	29	02:58	04:55	01:22	05:39	06:54	09:37	10:51
Mon.	7	30	02:59	04:56	01:22	05:39	06:54	09:37	10:50

قال رسول الله صلى الله عليه وسلم
 «من صام رمضان ثم أتبعه ستاً
 من شوال كان كصيام الدهر»
 رواه مسلم وغيره
 "Whoever fasts Ramadan and follows it with
 six days from Shawwal it is as if they fasted
 the entire year." [Muslim]

A NEW LECTURE SERIES
 EVERY SUNDAY @ 7 PM
 STARTING 14TH JUNE
 FORTY HADITHS
 RELEVANT TO THE LIFE OF A MUSLIM IN THE WEST
 BY SH. MOHAMMAD ALRAHAWAN
 (A PROFESSOR AT TAIBAH UNIVERSITY, MADINA)

foodbank
 HELPING LOCAL PEOPLE IN CRISIS
 SINCE 2014
 Al-Manar Centre's foodbank vouchers are available from:
 - Homeless & Refugee Support Team
 Adams Court, North Luton Place, Cardiff CF24 0NA
 - BAWSO
 Clarence House, Clarence Rd, Cardiff CF10 5FB
 - POBL Care & Support in Cardiff
 1st Floor, Fountain House, Fountain Lane, Cardiff, CF3 0DF

A Problem Shared
 Is A Problem Halved
 We all struggle to cope with difficult times at one point or another in our lives. Normally, talking about your problems with someone can help.
 WHAT WE AIM TO DO
 Insha'Allah, we can help by listening and suggesting how you can find solutions to your own problems. Otherwise, we can discuss with you how you can seek expert help. This will be done in total confidentiality.
 TIME AND PLACE
 Meetings will be held at the Al-Manar Centre by appointment only, typically on a Sunday afternoon. However, appointments of other mutually agreed times are possible.
 WHAT WE ARE UNABLE TO DO
 Get involved in cases currently being pursued in courts. Give a judgment on a divorce pronouncement or provide papers for divorce proceedings. Offer financial assistance. Enter into correspondence.
 If you think that having a chat can help you then please feel free to contact us (0745 400 8803) to book an appointment to talk with one of our experienced advisors. The duration of the meeting will not exceed 60 Mins and it is free.
 DISCLAIMER: ANY ADVICE GIVEN IS DONE SO IN GOOD FAITH AND IS NOT IN ANY WAY BINDING ON ANY PARTIES. THE ADVISOR WILL BE ONE OF OUR EXPERIENCED VOLUNTEERS AND NOT A PROFESSIONAL COUNSELLOR.

***Regretfully, the Centre remains closed to the public, in compliance with the government restrictions and will reopen as soon as these restrictions are lifted.**

'Asr 1 time is when an object's shadow¹ is equal in length to its height (Al-Jumhoor) & 'Asr 2 when it is equal in length to twice its height (Abu Hanefah)

الأمسيات العلمية
 الساعة 6 عصر كل يوم أحد
 شرح كتاب "الفقه الميسر"
 لفضيلة الشيخ د. أيمن الحري (عضو هيئة التدريس - جامعة أم القرى بمكة المكرمة)
 الدعوة مائة على الإيماء والأصوات وكمك رابط المشاركة في البرنامج أسبوع كل أسبوع عبر الواتساب (0745 400 0388)

مركز المنار أن يعلن عن درس أسبوعي خاص بالأخوات ووقفات وتأملات في سير الصالحات
 للأخت أسماء الحلواني
 أستاذة المعيدة بكلية الآداب جامعة جدة
 تقدم الدرس (بأحد) من طريق الروم (الجمعة) وأظهر كمال يوم السبت
 التسجيل للسجود حرة عبر الواتساب، كي يمكن ربط المشاركة في البرنامج أسبوع كل أسبوع

الأُسيرة المسلمة
 الدرس الثاني من سلسلة من دروس في حياة المرأة المسلمة
 يرتبطا طرقتا محضهما
 الشيخة أ. د. حيد الرحمن قناضي
 الأستاذة في جامعة أم القرى - مكة المكرمة
 جلسة تيسيرية
 تزيين لزيادتنا ونشاطنا وصبرا